

Examples of emergency items:

Food and others

- Drinking water (pet bottle)
- Food
 - Canned bread
 - Cookies
 - Canned food
 - Retort food
 - Other food with long duration

Clothes

- Raincoats
- Towels
- Underwear
- Coats
- Handkerchiefs

Valuables

- Cash (including coins)
- Passbook
- Medical Insurance Card
- Personal seal
- Cell phone (chargers)

Daily use objects

- Gloves (work gloves)
- Toilet Paper
- Candles
- Lighters
- Ropes
- Multi-purpose scissor
- Flashlight
- Portable radio
- Sanitary napkins
- Pen, pencil and others
- Batteries
- Eyeglasses
- Battery for cell phones

Safe items

- Hat or cap
- Coating for disaster prevention
- Emergency kit
- Medicine

Emergency items for elderly and people with special needs

- Particular food
- Denture
- Walking stick
- Disposable diapers
- Nursing care booklet
- Medicine (medicine booklet)
- Eyeglasses
- Others

Emergency items for children and pregnant

- Feeding bottle/ powdered milk
- Disposable diapers
- Maternity and child health handbook
- Others

Other useful items

- Wet tissues
- Masks
- Large vinyl bags
- Adhesive tape
- Aluminum foil for food
- Emergency toilet
- Others